CUTTING EDGE PHYSICAL THERAPY
Sports and Life Performance

SPORTS FCE

SPORTS FUNCTIONAL CAPACITY EVALUATION

READY FOR RETURN TO SPORT AFTER INJURY?

AS A PHYSICIAN, HAVE OBJECTIVE CONFIRMATION YOUR PATIENT IS READY TO RETURN TO SPORT
AS AN ATHLETE, HAVE CONFIDENCE THAT YOU ARE READY TO RETURN TO PLAY

TAKE THE GUESSING GAME OUT OF THE EQUATION.

CUTTING EDGE PHYSICAL THERAPY CAN HELP DETERMINE IF THE ATHLETE IS READY TO GET BACK TO ACTION OR IF DEFICITS ARE STILL PRESENT THAT COULD LEAD TO FURTHER INJURY OR COMPLICATION.

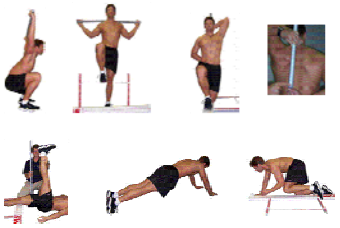
THE SPORT FCE IS OFFERED BY CUTTING EDGE PHYSICAL THERAPY TO EVALUATE ATHLETES AND WEEKEND WARRIORS. IT IS AN EVIDENCED-BASED SERIES OF TESTS PROVIDING A CLEAR PICTURE OF CURRENT ATHLETIC ABILITY IN REFERENCE TO INJURY. THE EVALUATION IDENTIFIES PRESENT PHYSICAL AND PSYCHOLOGICAL BARRIERS PREVENTING A SAFE RETURN TO SPORTS OR ACTIVITY.

CUTTING EDGE PHYSICAL THERAPY INCORPORATES THE FOLLOWING IN THE SPORTS FCE AS NEEDED:

BIODEX TESTING

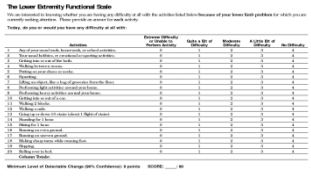
FUNCTIONAL MOVEMENT / HOP

STRENGTH, ROM, & FLEXIBILITY



FUNCTIONAL MOVEMENT SCREENS

VIDEO MOVEMENT ANALYSIS



FUNCTIONAL SURVEYS

EVEN IF YOU HAVE COMPLETED THERAPY AT ANOTHER CLINIC, COMPLETE THE FCE TO DETERMINE IF YOU ARE READY FOR RETURN TO SPORT

CALL TODAY 972-410-5777 TO SCHEDULE OR SEND A REFERRAL TO OUR FAX 972-410-5778
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