

# **RUNNER'S EDGE**



- New to running?
- Concerned about running injuries?
- Injured?

## **Cutting Edge Physical Therapy Can Help!**



- Improve your form
- Decrease risk of injury
- Improve your speed
- Improve your running efficiency

Running Analysis Cost - \$65

Includes:

Flexibility Assessment  
Postural Assessment  
Strength Assessment  
Video Analysis



**CUTTING EDGE**  
**PHYSICAL THERAPY**  
Sports and Life Performance

4951 Long Prairie Road #110  
Flower Mound, Texas 75028  
P:972-410-5777 / F:972-410-5778  
[www.cuttingedgeptonline.com](http://www.cuttingedgeptonline.com)



RESTORE \* IMPROVE \* RECOVER \* RETURN with the CUTTING EDGE of rehabilitation & performance